



# About NAMI Maryland

The National Institute of Mental Health estimates that 18.6% of people in the United States have a mental illness in any year. The World Health Organization estimates that one in five adults are affected by mental illness.

Mental illness is an issue for all Marylanders. Individuals and families must cope with stigma, a confusing and often inadequate service delivery structure, ignorance about local resources, and quite simply, trauma. Mental illness can lead to lost productivity, poverty, homelessness, incarceration and broken family relationships. Mental illness affects the individuals, the family and the community. But with support and education, adequate and accessible services and a caring community, individuals and their families can live full, satisfying lives.

NAMI Maryland meets this challenge directly by conducting extensive outreach, support and education, in-person and through various media, a helpline, grassroots advocacy and many other activities. We meet this challenge by working with and strengthening local affiliates to help them function effectively to offer education and support programs and advocate at the local level, and by collaborating with, and leveraging, the many networks and organizations with which we co

The values that inform all NAMI Maryland actions include:

*NAMI Maryland strives to improve the quality of life for individuals with mental illnesses and their families.*

We are the official state organization of NAMI (National Alliance on Mental Illness) in Maryland. We encompass a strong and expanding statewide network of over 43,000 families, individuals, community-based organizations and providers who, in turn, connect us to their own networks and affiliations.

- **Families and individuals with mental illness** are the *experts*. We can use our personal experience to improve systems and to provide community outreach and education.
- **Effective peer-based, recovery-oriented programming and services**-Proven NAMI programs are led by intensively trained family members and individuals with mental illness for their peers.
- **Volunteers and community partners**-We leverage the power and networks of volunteers and community partners to spread NAMI's message of hope and effective advocacy.
- **NAMI values confronting the profound injustices associated with mental illness.** NAMI fights hard against these injustices and organizes itself to be most effective in creating positive change.
- **NAMI also values diversity, inclusion and cultural competence.** Our strength is the rich variety among us. We celebrate both our commonalities and our differences as we pursue our shared goals.

Our core activities include:

- **Internet and Toll-Free Statewide Helpline:** We field many requests for information and support through an internet and phone "warm line;" providing hope and useful information and linkage to support and resources.
- **Peer Education and Support:** We offer effective, FREE peer education and support programs, delivered at the local level directly and in collaboration with local NAMI affiliates.
- **Community Outreach and Education:** We provide effective community education and outreach directly and in collaboration with local affiliates, community partners and networks.
- **Policy & Advocacy for Systems Improvement:** We identify and work on critical issues of importance to our stakeholders, in collaboration with our national organization, local NAMI affiliates and many advocacy partners.
- **Affiliate Development and Assistance:** We provide services and consultation to 11 local affiliates and several emerging NAMI groups across the state, furthering our common mission.
- **Improving Organizational Governance and Operations:** We work toward sustainability and effectiveness.

**NAMI Maryland and its affiliates move the NAMI mission forward through the extraordinary work of volunteers and leaders across the state. Individual members and community partners leverage their networks to expand our reach!**

**More work needs to be done. Join with us to improve the quality of life for individuals with mental illness and their families.**

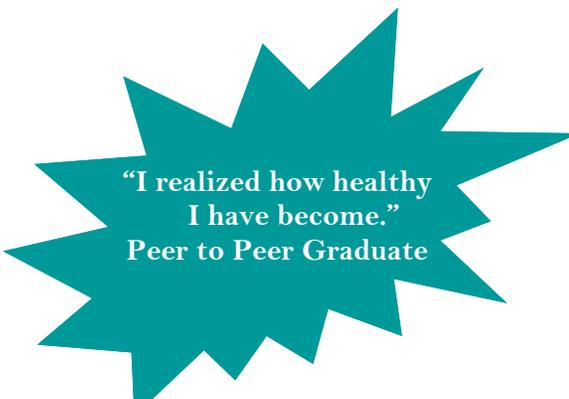
# NAMI Peer Education & Support Programs

**NAMI Peer Education and Support Programs** are best practice education courses and support groups provided **for and by peer**. NAMI accepts peer support as the best practice model, where families and individuals with mental illness are the experts.

NAMI Maryland provides the trainings for family members and individuals living well with mental illness to become support group facilitators, signature program teachers, and presenters. After being trained by NAMI Maryland, these individuals deliver NAMI programs in their local communities at the affiliate level.

NAMI Maryland supports local affiliates in delivering signature programs across the state. We assist local affiliates with program planning, recruitment, community outreach and problem-solving when needed.

NAMI Maryland coordinates statewide outreach and offers programs in underserved parts of the state. We coordinated multiple Peer-to-Peer courses in Cecil County and offered Homefront courses through the VA in order to best serve Marylanders in need.



**“I realized how healthy  
I have become.”  
Peer to Peer Graduate**

In FY 2017, 63 individuals with mental illness and family members from across Maryland were trained to facilitate NAMI support groups and teach NAMI education courses.

We also resourced *many* additional teachers and facilitators who were initially trained in prior years.

**Over 50 trained teachers and mentors led more than 24 peer education courses, graduating nearly 282 individuals.**

**8 Peer-to-Peer courses were held, enrolling nearly 42 individuals.**

**13 Family-to-Family courses were held, graduating 218 individuals.**

**3 NAMI Basics courses were held, enrolling 22 individuals.**

**NAMI Family-to-Family** is a free 12-session education and skills course for families taught by intensively trained relatives who have taken the course.

**NAMI Peer-to-Peer** is a 10-session relapse prevention, recovery-focused course for individuals with mental illness, taught by intensively trained individuals who have “been there” and who have taken the course.

**NAMI Basics** is a 6-session education and skills course for caregivers of children with behavioral health issues, taught by intensively trained peers.

**NAMI Connection Recovery Support Group** is a structured problem-solving support group for individuals with mental illness, facilitated by intensively trained peers.

**NAMI Family Support Group** is a structured problem-solving support group for family and close friends, facilitated by intensively trained family members who have “been there.”

**NAMI Homefront** is a free 6-session education course for family members, friends and caregivers of service members and veterans living with mental illness, covering topics like post-deployment and post-discharge transitions.

***Thank you to the many dedicated teachers, mentors, facilitators, presenters and trainers who make all of these programs possible!***

# NAMI Maryland Outreach and Community Education

**Internet and toll-free statewide helpline:** NAMI Maryland handles requests for information and support through an internet and phone “warm line.” We provide useful information and link people to support and resources. *Our calls and internet requests have greatly increased* as our community outreach and visibility continues to make an impact. The helpline is often the first contact people have with NAMI. We work very hard to make sure they get a helpful and caring response.

*“As soon as we started talking and other participants voiced the same concerns and described similar situations, I felt I was in the right place.”*

***Family-to-Family Graduate***

We will continue to focus attention on this important area of service.

To meet the increased need this year we have:

- Recruited new volunteers to help answer phone and online requests for support and information.
- Developed new resource materials to meet common requests for information.
- Developed introductory helpline training workshops for staff, interns and volunteers. In these classes, trainees focused on listening skills and learned how to answer common questions.

Plans for the future: We are developing an array of resources and responses that can easily be used for our many helpline requests.

## **NAMI Workshops by Core Stakeholders: Training Program Graduates to Deliver Workshops**

NAMI Maryland offers trainings for individuals and family member graduates of our local peer programs to deliver effective scripted workshops using their personal experience for a variety of audiences including:

- the general public
- emergency responders
- criminal justice personnel
- faith congregations and leaders
- school personnel
- health providers
- social service providers
- behavioral health providers

**This year  
NAMI Maryland  
trained 22 peer  
outreach workshop  
presenters!**

**Over 388 In Our  
Own Voice  
presentations were  
held, reaching 5,856  
individuals.**

**NAMI In Our Own Voice**, a presentation about living with mental illness, is facilitated by intensively trained individuals who use their personal experience in a structured workshop for the community, providers and others living with mental illness.

### **Ambassadors**

Graduates of NAMI programs for family members are intensively trained to deliver multiple workshops, including:

- Basics About Mental Illness
- Engaging and Working Effectively with Families
- Caring for Every Child’s Mental Health
- Working with Families in Crisis (for police and emergency staff)
- Improving Patient and Family Experience in the Emergency Department

### **Also available:**

**What is Recovery?** A new workshop delivered by trained individuals with mental illness and family members

**Raising Mental Health Awareness:**

college campuses

**Sharing Hope:** faith communities

**Ending the Silence:** K-12 school communities

*Thank you to the dedicated presenters, trainers,  
and numerous outreach volunteers and partners  
who make our expanding  
community education and outreach possible!*

# NAMI Maryland Community Outreach

NAMI Maryland provides effective community education and outreach directly, and in collaboration with local affiliates, community partners and networks.

This year we continued to develop new and existing partnerships, including *Alpha Kappa Alpha Sorority, National Institute on Mental Health, and Adventist Health Care Shady Grove Medical Center.*

Our outreach activities are *varied and vigorous*, targeting every part of the state. In addition to 11 community based affiliates, several groups working toward affiliate status, and NAMI on Campus groups, we work with a network of more than 43,000 individuals and organizations from every socioeconomic, racial, ethnic, professional and community audience who share our interests and mission.

In addition to NAMI outreach programs presented by trained family members and individuals with mental illness, we offer:

- **Annual Two Day Multi-Track Conference**
- **Annual NAMI Walks Maryland**
- **An increasing online presence** through social media, e-news, action alerts and an expanding website.
- **Newsletter**-We mailed quarterly newsletters to paid members, posted them online, and distributed through our partners and networks.
- **Print Resource Materials** provide useful and practical information distributed through the helpline and outreach.
- **Media**-We consulted regularly with media this year, including the Washington Post, NPR Radio, WBAL-TV, and many other media outlets.
- **Free Teleconferences and Webinars** on topics of interest.
- **Surveys and Reports**-Learning from our stakeholders.
- **Participation in Events**-NAMI Maryland staff and volunteers attended and provided displays and resource materials at more than fifty community events across Maryland.
- **Collaborative Events**-This year, we helped launch the new *In Our Own Voice* video developed by our National office with a special presentation and VIP reception.
- **Viral Grassroots Marketing & Outreach**-Our stakeholders, many supporters and partners help us by leveraging their networks to get the word out!

*NAMI Maryland has partnered with the Adventist HealthCare Shady Grove Medical Center to offer a series of workshops to Emergency Room nurses, technicians, and medical doctors at the hospital. The series of workshops provides ER staff with the knowledge they need to effectively engage with families and individuals who are experiencing a mental health crisis.*

## Workshops and Trainings:

This year, we provided more than 38 special presentations and supplemental resources to different audiences throughout the state including local government agencies, community organizations, civic organizations, professional organizations, faith leaders and congregations, emergency room staff, corrections officers, universities, education staff, parents, students, behavioral health service providers, social service agencies, and multicultural forums.

- ◇ **Some of the topics included:**
  - ◇ Hearing Voices:
    - ◇ Understanding the Strength and Resilience of those with Mental Illness
  - ◇ Identifying and Effectively Engaging Families
  - ◇ The Patient and Family Experience: Improving Outcomes in the ER
  - ◇ The Uncertain Journey
  - ◇ Effective Police Response to Mental Illness

# Advocacy for Policy and Systems Change

NAMI Maryland's Policy Platform states our long-term values, policy positions and objectives that are fundamental to creating a comprehensive mental health system that is built on solid scientific evidence and recovery-focused. The Policy Platform is used to develop our annual Advocacy Priorities, which provide focus for our grassroots advocacy efforts; including current opportunities to improve state and federal mental health laws, broaden public awareness about mental illness, and increase NAMI Maryland's visibility and impact. The following priorities outline key objectives for improving access to timely and effective treatment for individuals with mental illness and their families:

- ◆ Protect and expand access to behavioral health treatment and services in the FY 2018 Behavioral Health and Medicaid budgets.
- ◆ Ensure insurance marketplace reforms include mental health and substance use disorder coverage at the same level (parity) as other health conditions in every health plan.
- ◆ Reduce legal barriers that disrupt access to services for individuals with mental illness and their family members.
- ◆ Improve the criminal justice system's response to individuals with mental illness and Increase diversion efforts from criminal justice to community services.

"A constituent's untenable experience with HIPPA provisions inspired me to spearhead a bill to remove restrictive barriers on releasing health information. With the support of NAMI Maryland, the bill unanimously passed the General Assembly. Families will now be able to determine that a loved one has been admitted to a facility or is receiving care in an emergency setting without having to file a missing person's report."

- Delegate Geraldine Valentino-Smith (District 23A)

## 2017 Advocacy Day



NAMI Maryland held its annual Advocacy Day in Annapolis on February 28, 2017. More than 100 NAMI Maryland members and supporters from around the state traveled to Annapolis to meet with their elected officials. Coordination between NAMI Maryland and local NAMI affiliates significantly contributed to the day's success. Every member of the General Assembly was hand-delivered a folder of information outlining NAMI Maryland's 2017 Advocacy Priorities and fact sheets for each bill attendees would discuss with their legislators.

# NAMI Maryland Advocacy

## 2017 General Assembly: Wins and Successes

### TASK FORCES AND WORK GROUPS ON WHICH NAMI MARYLAND SERVES

Maryland Behavioral Health Advisory Council

Mental Health Criminal Justice Partnership

Maryland Behavioral Health Coalition

The Johns Hopkins University, Center for Mental Health Services in Pediatric Primary Care

Pediatric Integrated Care Collaborative Task Force to Study Maternal Mental Health

Task Force on Family Caregiving and Long-Term Supports

Civil Rights Coalition of Maryland

We Work for Health Maryland

Consumer Health First

Maryland Education Behavioral Health Community Practice (CoP)

NAMI Maryland achieved several significant wins during the 2017 General Assembly session that advanced our goal of ensuring that individuals with mental illness and their families can access comprehensive behavioral health care in Maryland.

- **The Health Insurance Portability and Accountability Act (HIPAA) outlines minimum requirements for the privacy of health information.** A major victory for NAMI Maryland was the passage of SB584 (Rosapepe)/HB 1468 (Valentino-Smith), which allows health care facilities to share information with family members regarding whether their loved one is a patient in their facility and to share treatment information (when the loved one does not object).
- **Maryland is one of only four states without an Outpatient Civil Commitment (OCC) law, also referred to as Assisted Outpatient Treatment (AOT).** Behavioral Health Systems of Baltimore (BHSB) was awarded a \$2.8 four-year federal grant to implement an OCC pilot program in Baltimore City. The pilot program prompted the General Assembly to introduce SB1042/HB1383 which makes clear under Maryland law that BHA and BHSB have the authority to establish and conduct an OCC pilot program in Baltimore City. The bill also requires BHA to provide yearly reports to the General Assembly to measure the programs' overall success and help inform future efforts to create a statewide OCC law.
- **The Keep the Door Open Act** sought to address decades of inadequate and unpredictable provider rate increases that left behavioral health community providers unprepared to meet the growing mental health care needs of Marylanders. By the end of the legislative session, the Keep the Door Open Act was incorporated into the Heroin and Opioid Prevent Effort (HOPE) and Treatment Act of 2017.
- **The HOPE ACT, SB967/HB1329, is a bill designed to combat the behavioral health crisis ravaging Maryland.** The bill requires a 3.5% community behavioral health provider rate increase in FY19 and FY20. The bill also requires that the BHA and Medicaid conduct a rate-setting study for community behavioral health services and implement a payment system based on the findings by September 30, 2019. If the payment system is not implemented in FY21, the budget must reflect a 3% rate increase every year.
- **NAMI Maryland led a coalition of nearly 65 patient advocacy groups to introduce legislation that sought to restrict unnecessary barriers to accessing life-saving medication from insurance carriers and ensure that patients and doctors stay responsible for treatment decisions.** While the bill did not result in final legislation, NAMI Maryland succeeded in raising the important issue of overall healthcare costs, midyear formulary changes, unnecessary utilization management requirements and insurance interference in patient care with legislators and NAMI Maryland's stakeholders.

# 2016 NAMI Maryland Annual Conference

Save the Date! The 2017 conference will be Friday and Saturday, Oct. 27-28 in Towson, Maryland!

Over 150 people gathered on October 14-15 for our annual conference. The conference offered two days' of practical and skill-building workshops for individuals with mental illness, family members, mental health service providers, community leaders, individuals working in criminal justice, and local NAMI leaders.

Plenary speakers on both days updated us about mental health programming and corrections, as well as suicide prevention programs, and health care reforms. Plenary speakers included:

- **Dr. Randall Nero, DPSCS, Director**, Patuxent Institution
- **Kati Habert, Deputy Program Director, Behavioral Health**, Council of State Governments, Justice Center, Stepping Up Initiative
- **Holly C. Wilcox, PhD, Associate Professor**, Johns Hopkins, Bloomberg School of Public Health

There were more than 30 workshops presented which covered a wide variety of topics. Workshops included suicide prevention, improved police response to mental illness, children and adolescent issues, best treatments for various disorders, integrated treatment for co-occurring mental illness and substance use, and more. The Royal Riddick Lifetime Achievement Award was awarded to Senators Adelaide Eckardt and Dolores Kelley for their selfless dedication to improving the lives of people with mental illness and their families. NAMI Lower Shore was awarded "Affiliate of the Year."

Attendees also had the opportunity to receive information and resources from 25 exhibitors.



## What guests had to say...

*"The conference was a powerful experience. I learned so much information and will be back again next year!"*

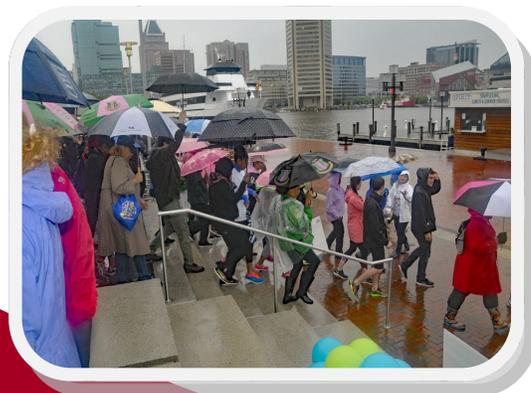
2 days  
150 people  
30 workshops  
25 exhibitors

*"This was the best ever conference with an exceptional range of sessions. It surpassed last year."*

# 2016 NAMIWalks Maryland

May 21, 2016 was an unseasonably cold day with blustery winds and pouring rain. Yet, over 900 people still showed up to participate in the 14th Annual NAMIWalks Maryland at West Shore Park in the Inner Harbor.

NAMI Maryland is part of the largest education and fundraising effort for mental health in the United States. Local NAMI affiliates in Maryland partner with us to



energize individuals and organizations across the state, and the funds raised help us and our affiliates continue to offer our free support and education programs.

Dr. Leanna Wen, Baltimore City Health Commissioner, spoke about the importance of increased services for mental health and read the Proclamation from Mayor Stephanie Rawlings-Blake while Secretary Carol Beatty of Department of Disabilities read the Proclamation from the Governor. Miss Baltimore, Emily Gallagher, spoke about her platform, Severe Adolescent Depression and her struggle with it. In spite of the weather, participants stayed around after the walk to hear music from DJ B-Eazy and to visit our many exhibit booths.

Thanks to those who walked and raised money by reaching out to their network of friends and family. We raised almost \$200,000. You helped raise awareness about the vital work that NAMI does and helped to begin the public conversation about mental illness. We could not have done it without you!

April 1, 2016—March 31, 2017

The 2017 Walk was a GREAT SUCCESS! It will be highlighted in the 2018 Annual Report.

# 2016 Sponsors

## Annual Conference Sponsors

### Gold—\$5,000

Kaiser Permanente

### Emerald—\$3,500

Sheppard Pratt Health System

### Titanium—\$2,500

Northstar Academy

Behavioral Health System Baltimore

Otsuka

Beacon Health Options

### Silver—\$1,000

The Bergand Group

Sunovion Pharmaceuticals

Terrapin Pharmacy

### Bronze—\$500

Takeda Pharmaceuticals, USA, Inc. & Lundbeck

American Foundation for Suicide Prevention

Hudson Health Services

Arundel Lodge

Sharon Christie Law

Maryland Health Connection

Maryland Coalition of Families

University of Maryland Department of Psychiatry

Maryland Center for Excellence on Problem

Gambling

Maryland Health Connection

## NAMIWalks Maryland Sponsors

### Gold—\$5,000

Alkermes, Inc.

CIGNA

The Whiting-Turner Contracting Company

Otsuka

### Silver—\$2,500

Sheppard Pratt Health System

Magellan Health Services

Maryland Emergency Medicine Network, Inc.

### Start/Finish Line—\$1,500

Anne Arundel Medical Center

University of Maryland

Medical System

Sunovion Pharmaceuticals

### Bronze—\$1,000

Takeda Pharmaceuticals U.S.A., Inc. & Lundbeck

Suburban Hospital

Help In the Home, LLC

Bach and Bob Jeffrey Fund

University of Maryland Psychiatry

Improve Your IT

### Supporter—\$500

CooperRiis Healing Community

Walmart #3720

Power Pyles Sutter and Verville

Behavioral Health System

Baltimore

Elville and Associates, P.C.

The Wawa Foundation

University of Maryland Baltimore

Washington Medical Center

Ellin & Tucker

Howard County General Hospital

Humphrey Management

Walmart #5228

Walmart #3490

Humanim, Inc.

Dr. Brad Sachs

Sam's Club #4766

Johns Hopkins Medicine

### Kilometer—\$250

Weyrich, Cronin & Sorra

ezStorage

Alliance, Inc.

Calvary Baptist Church

Maryland Foundation for Psychiatry

The Fillmore Group

AACO Mental Health Agency

Family Service Foundation, Inc.

Miles & Stockbridge, P.C.

Alexander & Cleaver

Ober/Kaler

Walmart #3481

### In Kind Donations

Drink More Water

Mental Health Administration

MassageWorks

Wegmans

CVS

DC United

Frederick Keys

Liberty Mountain Resort

AMC Theatres

Applebee's

SkyZone Columbia

Kiki's Facepainting and Balloons

Baltimore Orioles

# Improving Governance and Operations

NAMI Maryland must continue to increase our capacity to support the *growing demand* for our programs, outreach and advocacy. In addition, our state organization has a new, more extensive role in helping our local affiliates meet the *NAMI Standards of Excellence* and completing the new *re-affiliation process*. NAMI Maryland continues to work to improve our operations and governance within the constraints of time and resources.

## Operations Highlights:

- **Staff** During FY 17, we had 5 full-time staff and 5 hourly workers. Our 19 dedicated office volunteers are essential to keeping our office operating smoothly.
- **Interns** We continue to develop close relations with area colleges and have built a robust internship program. 15 interns representing 5 different schools were represented throughout FY 2017. Interns work on the NAMIWalk and conference, program trainings, affiliate development, website and helpline support and many special projects.
- **Helpline** Staff, interns and office volunteers answer the increasing number of internet and phone helpline calls received by our office every day. We are strengthening our helpline training programs to improve the level of service we provide to the people who reach out to us.
- **Space and Equipment** With the support of donors, we continue to upgrade our IT systems, equipment and work space to develop more efficient ways of working.
- **Constituent Relations System (CRS)** There are over 43,000 records in our CRS where we can track helpline contacts and issues, program and event attendance, volunteer efforts, advocacy interests, membership, donations, and the many individuals, organizations and networks that help us do our work.
- **Internal Controls, Processes and “Toolkits”** We continue to develop and implement operational processes and tools and templates to improve the efficiency and consistent quality of our operations.

## GOVERNANCE

With input from its many stakeholders, NAMI Maryland finished a new cycle of strategic planning during this period. The basic goals and direction of NAMI Maryland’s previous strategic plan were enhanced, clarified and finalized October 22, 2016. The plan is being operationalized with consideration to priorities, timing and increasing capacity to achieve the plan. The plan and operationalized companion documents are reviewed regularly by the board to stay focused on pursuit and accomplishment of those goals and objectives.

A key goal of NAMI Maryland’s strategic plan is: “NAMI Maryland will strengthen organizational governance by developing an effective, diverse and engaged board with well-defined roles and functioning committees.” We pursue that goal and its stated objectives by employing best-practice governance structures and processes.

NAMI Maryland’s bylaws were reviewed during this period. The board, staff and other NAMI Maryland members recommended changes that were adopted October 15, 2016. NAMI Maryland’s policies and procedures are undergoing a similar review which is expected to be complete in 2017.

### Governance Structure

- Board of Directors
- Policy & Advocacy Committee and Workgroups
- Finance and Audit Committee
- Board Development and Nominating Committee
- Executive Committee
- Bylaws and Resolutions Committee
- Re-Affiliation Workgroup
- Development Plan Workgroup

# NAMI Maryland, NAMI Affiliates and Re-affiliation

NAMI, the National Alliance on Mental Illness, is a national movement. It is made up of a national headquarters, state organizations in every state, and DC, and local affiliates that work together to build better lives for the millions of Americans affected by mental illness.

## ***What Local NAMI Affiliates Do***

The 11 local affiliates in Maryland offer educational programs, support and outreach. Affiliates, with the help of NAMI Maryland, advocate for local and statewide mental health systems.

## ***What is Re-affiliation?***

Re-affiliation is a process created by NAMI national in order to ensure that all local affiliates are meeting the Standards of Excellence as outlined by the organization. Affiliates have the option of pursuing two different models when going through this process. Our Model A affiliates are independent, incorporated organizations that are able to meet the NAMI Standards without the assistance of NAMI Maryland. Aspiring Model A affiliates undergo a thorough document review to assess legal compliance and organizational standards. Upon passing a document review, Model A affiliates must display a strong commitment to meeting the NAMI Standards of Excellence. Most of our Model A affiliates operate at a high capacity with paid staff and active boards.

Affiliates that prefer to focus on programs and outreach, but do not have staff to run the daily operations, can become a Model B affiliate. All Model B affiliates are integrated into the NAMI Maryland structure, so their finances and governance are the responsibility of the state organization. This allows volunteer leaders to focus on what they love most: helping those affected by mental illness.

During FY 17, NAMI Howard County was the first local affiliate in Maryland to finish the re-affiliation process and be endorsed as a Model A affiliate. We are looking forward to moving several other affiliates along in FY 18.

In December 2016, NAMI Maryland added a new local affiliate to the alliance: NAMI Kent and Queen Anne's County. The affiliate is currently offering bimonthly family support groups in Chestertown and Centreville.

## **The state organization must grow its capacity to:**

- Assess NAMI affiliate current organizational status, as well as growth and development capacity
- Ensure the affiliate is operating in an up-to-date manner with appropriate programs and training
- Confirm affiliates are actively engaged in their community and programs and services are effective
- Assist with meeting the NAMI Standards of Excellence
- Provide assistance, training, and resources
- Endorse each NAMI affiliate for re-affiliation with NAMI, with conditions as necessary

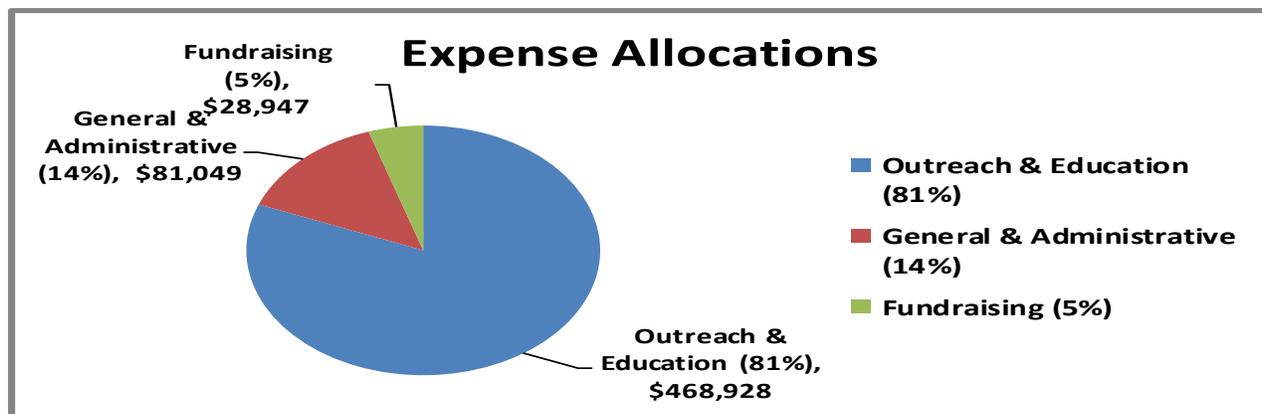
# Fiscal Year 2017 Financials

NAMI Maryland Statement of Activities  
For the twelve months ending March 31, 2017 (Preliminary and Unaudited)

	FY 2017 Actuals <i>(unaudited)</i>	FY 2017 Budget	Dollar Variance CY Actuals to Budget
<b>REVENUES:</b>			
Grants & Contracts	\$334,580	\$339,150	(\$4,570)
Contributions	77,511	68,500	9,011
Combined Charity Campaigns	19,113	17,000	2,113
Membership Dues	7,923	11,500	(3,577)
NAMI Walks, net (Income \$189,262 net of expenses \$103,484*)	85,778	100,000	(14,222)
Fees for Service	8,600	1,000	7,600
Program Events & Development	53,610	62,000	(8,390)
Sales	395	500	(105)
Investment Income (includes unrealized gains/losses)	19,988	3,000	16,988
Miscellaneous Income	249	0	249
In-kind Donations	2,095	0	2,095
<b>Total Revenues</b>	<b>\$609,842</b>	<b>\$602,650</b>	<b>\$7,192</b>

<b>EXPENSES:</b>			
Salaries & Benefits	\$326,218	\$337,138	(\$10,920)
Contracted Services	93,479	96,350	(2,871)
Program Training Expenses	22,017	38,200	(16,183)
Program Events & Development	29,756	49,650	(19,894)
Educational Materials	11,216	15,000	(3,784)
Furniture/Equipment & Related Expenses	21,180	23,700	(2,520)
Office Supplies & Postage	6,042	5,000	1,042
Travel	7,278	9,000	(1,722)
Printing (external)	2,147	2,000	147
Dues & Subscriptions	3,397	3,700	(303)
General & Administrative	7,167	5,800	1,367
Merchandise for Resale	2,150	0	2,150
Communications	6,863	6,600	263
Insurance	2,400	4,200	(1,800)
Occupancy ( <i>Rent, Utilities, Repairs &amp; Maintenance</i> )	37,096	36,780	316
Leasehold Improvements	518	0	518
<b>Total Expenses</b>	<b>\$578,924</b>	<b>\$633,118</b>	<b>(\$54,194)</b>
<b>Net Income/(Loss)</b>	<b>\$30,918</b>	<b>(\$30,468)</b>	<b>\$61,386</b>

\* Expenses include affiliate payments of \$78,245 and NAMI's Walk fees of \$17,342. Expenses do not include expenses such as salary and contractual costs that are included in other expense lines.



# FY 2017 Major Donors and Funders

## \$250 and above

BHS Baltimore	\$245,391	Colleen Prosser (Sinclair Prosser Law, LLC)	\$1,000	Nancy Stivers	\$300
The Harry and Jeanette Weinberg Foundation Inc.	\$20,000	Presbyterian Church of Chestertown	\$1,000	Lindy Layton	\$300
The Jacob and Hilda Blaustein Foundation	\$15,000	Wendell and JoAnn Mohr	\$1,000	Bob Blankfeld	\$300
PhRMA	\$10,000	Chester Valley Ministers' Association	\$1,000	Nicholas Serafino	\$300
Louis B., II and Josephine L. Kohn Family Foundation	\$10,000	Community Foundation of the Eastern Shore	\$1,000	Glenny Snyder	\$300
Motorola Solutions Foundation	\$10,000	Route One Apparel, LLC	\$1,000	Jamshed Mulla	\$300
National Institute of Mental Health	\$7,500	Joseph Raine	\$1,000	Steve Gray	\$300
The Progress Family Foundation	\$5,000	Gorham and Joan Cross	\$1,000	Timothy Santoni	\$250
Carroll County Health Department	\$3,700	The Anne R. Eckfeldt Fund (InFaith Community Foundation)	\$924.87	Donald & Barbara Fairfield	\$250
The Generous Donors of the IBM Employee Service Center	\$2,732.91	Donald Slater	\$800	Charlotte Cooksey	\$250
Jane Sanders	\$2,500	Dorothy Eppard	\$600	Elias Shaya	\$250
Paul Honke	\$2,500	Sheppard Pratt Health System	\$600	Kathy O'Halloran	\$250
The Benevity Community Impact Fund	\$1,419.52	Garth Thompson	\$520	Jim Humphrey	\$250
Carolyn Knight	\$1,300	Donald Steinwachs	\$500	Edgar Wiggins	\$250
Northrop Grumman Corporation Charity Trust (directed by John Kessler)	\$1,300	Bernard Kanstoroom	\$500	Norma Killebrew	\$250
Susan Conley	\$1,200	Bernard Raiche	\$500	Frank Otenasek	\$250
Gail Cooper and Carl Stahle Charitable Fund	\$1,000	Alvin Blank	\$500	Donald & Janet Boardman Family Fund	\$250
Frank Fillmore	\$1,000	Carole Spurrier	\$500	Andrew G. Levy, Esq.	\$250
Donald Reed	\$1,000	C.H. and Carol Lanzi	\$500	Barbara McKenna	\$250
William Wrench	\$1,000	Fanta Aw	\$500	Kate Spade & Company Foundation	\$250
Alexis Brown	\$1,000	Sharp Energy	\$500	Charles McNamara	\$250
Ton Gardeniers	\$1,000	Lainie Surette	\$500	Steve Sharfstein	\$250
		Colman Family Fund	\$400	Harsh Trivedi	\$250
		Michelle Money	\$375	Anthony Marchione	\$250
		Committee for Employees with Disabilities Advisory Council (at SSA)	\$365	Sharon Stolaroff and John Stewart, Jr.	\$250
		AmazonSmile Foundation	\$308.30	Jonathan & Robin Glass	\$250
				Madeline Katz	\$250
				Brad and Kathy Rozansky	\$250
				Bran/Levine Family Charitable Fund	\$250

**This list includes only donations made directly to NAMI Maryland.** It does not include donations to the NAMIWalks, as those donations are split with affiliates and wouldn't give an accurate or fair representation of money received by NAMI Maryland.

Every effort has been made to include the names of all major donors to NAMI Maryland for FY 2017. We have not included anonymous donors. We apologize for any names inadvertently omitted.

# NAMI Maryland

## Board Members who served during FY2017

Steve Gray, President	Bob Blankfeld	Bernard Raiche
Don Slater, 1st Vice President	Carolyn Knight	Julia Tillery
Roz Dove, 2nd Vice President	Dell Palmer	Frank Fillmore
Ton Gardeniers, Treasurer	Mike Perez	Dell Palmer
Joe Ashworth, Secretary	Alexis Brown	Argin Hutchins
Matt Myers, Secretary	Jean “JB” Moore	Zereana Jess-Huff

## Operations

Kate Farinholt, JD, *Executive Director*  
Mary Barnard, CPA, *Finance and Accounting*  
Jessica Honke, MSW, *Policy and Advocacy Director*  
Ilisa Oman, MA, *Communications and Outreach Events Coordinator*  
Elizabeth Bloom, MBA, *Administrative Coordinator*

Deneice Valentine, *Program Associate*  
Jessica Wong, BA, *Program and Training Coordinator*  
Alikah Adair, *Program and Training Coordinator*  
Tracy Kamen, BA, *Interim Program and Training Coordinator*

## Interns

Tolu Holloway, *UMBC*  
Tanisha Robinson, *University of Baltimore*  
Neha Tirkey, *UMBC*  
Alyssa Greene, *Towson University*  
Sanjay Thakur, *UMBC*  
Tracy Hincke, *University of Maryland, College Park*  
Jessica Yingling, *University of Maryland, College Park*  
Kaday Mansaray, *Towson University*

Caroline Dwyer, *University of Maryland, College Park*  
Jenny Chen, *UMBC*  
Victoria Dimoff, *Towson University*  
Yulanda Blackston, *Wilmington University*  
Porsche Dorsey, *University of Baltimore*  
Andrew Nhan, *UMBC*  
Caroline Cone, *University of Maryland, College Park*  
Sarah Sexton, *Towson University*

**And thank you to our many volunteers! NAMI volunteers are actively working with NAMI Maryland in every part of our state.**

Elanor Wainscott, Jen Thompson, Zahin Zaman, Briscoe Turner, Rebecca Lee, Mitchell Chan, Julia Rodriguez, Caroline Qualls, Jo Ann Hill, Kathy Mansheim, Arna Clark, Elham Aleksair, Gertie Wilson, Molly Greenblat, Trish Hoffman, Nisse Lee, Catherine Bell, Alva DeJarnett, Jamie Imperial, Julie Cleveland

# NAMI Maryland's Mission

## **Our Mission**

The mission of NAMI Maryland is to improve the quality of life for individuals and their families coping with mental illness.

We are dedicated to providing education, support and advocacy for persons with mental illnesses, their families and the wider community.

## **Our Passion and Promise**

It is our core principle that empowering family members and individuals is a critical factor in recovery, and a potent force in providing community education and bringing about systemic change.

NAMI Maryland is a unifying voice and a skilled provider of knowledge and skills at the grassroots level.

NAMI Maryland promises to work to build better lives.

## **NAMI Maryland's workplace charity numbers**

**4186-** The United Way of Central Maryland

**80114-** CFC of the Chesapeake Bay Area and National Capital Area

**5697-** Combined Charity Campaign for Baltimore City

**521295484-** Maryland Charity Campaign

**Let us know if your workplace has a grant or matching gift program.**

## **NAMI Affiliates in Maryland**

NAMI Anne Arundel County  
NAMI Carroll County  
NAMI Frederick County  
NAMI Harford County  
NAMI Howard County  
NAMI Kent and Queen Anne's  
NAMI Lower Shore  
NAMI Metro Baltimore  
NAMI Montgomery County  
NAMI Prince George County  
NAMI Southern Maryland

